

MY STORY

ROCKIN' & ROLLING TO A HEALTHIER LIFESTYLE EMBRACING WELLNESS



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MY STORY: Rockin' & Rolling to a Longer, Healthier Life by Embracing Wellness!

Not only is life short, it's precious, and I had been neglecting my health for far too long. Today, I want to share my story and help others who may be in a similar situation, realizing the need for a drastic lifestyle overhaul.

For over three decades, the hospitality and entertainment industry has been my home. The adrenaline rush, fast pace and indulgences were part of my everyday life. As enjoyable as it was, it took a significant toll on my health, both physically and mentally. I often had long working hours, over-consumed unhealthy food and alcohol, and neglected important self-care practices.

THE HEALTH SCARE: In 2021, I was 55 years old. I had caught covid a couple of times, and I started to suffer from an annoying hack and what felt like mucous build up in my lungs. I thought that was "long covid". So, I went to my family physician who initiated some scans, and the results came back with healthy lungs but seriously poor gut health with cysts, spots, fatty liver, and dangerous visceral fat pressuring my vital organs.



My family physician referred me to a specialist who continued to monitor the danger areas until it got to the point that some discussions of surgery were being potentially recommended. It was time to make some drastic changes in my life.

In 2022, I took on a sales and marketing position with Canadian Boat Shows. That was a stress filled position with long hours and a long commute. It involved too much desk time sitting on my ass, eating too much fast-food, and basically doing the opposite of what was recommended. That resulted in my hypertension slowly getting worse (averaging 165 / 92) – but we all need to make a living, right?

First quarter of 2023 at the age of 57, upon receiving my annual Abdomen MRI, I was faced with a growing cyst in the worst spot possible - my pancreas. My life was thrown into a real fear - a fear of the possibility it could end early and terribly with the dreaded C word.

This was the point that I had to face reality. I turned things around and I made some drastic life changes. I've since lost 35 pounds and have gotten ripped inside and out. (some of my friends have been very nice to notice and compliment me this past summer - thank you!). How did I get these results? Check the "How to Tips" on the next page.

Anyways, just so my mother who is probably reading this right now doesn't freak out - I was able to improve my gut health and reduce the risks, including my pancreatic cyst size and I was told to keep up the great work with my next scheduled MRI in the first quarter of 2024 and I will keep whoever is interested posted.

So, the moral of sharing my story is mainly because I am part of a very large demographic that LIVES LARGE – Not always eating healthy, over consuming alcohol, and sometimes recklessly having too much fun on land or water and it took this serious health scare to steer my ship in the right direction so that my chances of a healthier longer retirement (not quite there) are higher.

In closing, just in case I can help many of you make preventive changes, I would like to share on the next pages, how I turned my health around so that those of you (and you know who you are), take heed and make some changes to whatever fits your life, but know that its much easier to act now before your doctor gets involved!

Overcoming a HEALTH SCARE: The Importance of Drastic Lifestyle Changes

Through my own journey, I learned several things that I believe can help others who are looking to make similar changes. Below are my suggestions from the heart that I am happy to share in detail via [ImpactLife.Health](#)

- 1) **EXERCISE REGULARLY:** Find an exercise routine that you enjoy and stick with it. Regular physical activity can help manage weight and reduce stress. >> [Fitness Tips](#)
- 2) **BALANCE NUTRITION:** Aim for 80% of your meals to consist of healthy options and allow for 20% indulgence to maintain a sustainable approach to eating in and around extreme hydrating swapping out mindless snacking with H2 Wellness Water if you have the resources. Conscious Alcohol Choices: Opt for light beer and lower sugar wines. Moderation is key >> [Nutrition Tips](#)
- 3) **EMBRACE INTERMITTENT FASTING:** Adopting a time-restricted eating window, such as noon to 7 pm, and occasionally extending fasting periods (24-48 hours) can have positive impacts on metabolism and overall health. >> [Fasting Tips](#)
- 4) **INITIATE EFFECTIVE HYDRATION** supporting overall health, mental clarity, and physical performance. Extreme Molecular Hydration (H2) achieved through advanced hydration technologies like water ionizers, can positively impact blood pressure, cellular health, toxin elimination and disease prevention. >> [H2 Wellness Water](#)

Most importantly, if you have the resources, the clincher that I am sure also helped normalize my blood pressure (now averaging 138/77) was to initiate an extreme molecular hydration (H2) regimen delivering powerful antioxidants and reducing free radical damage to my cells that cause disease and premature aging from an accredited water ionizer company. In just a few months of extreme hydration, I was able to significantly diminish the dangerous visceral fat pressuring my abdominal organs while noticing next level energy and clarity from flushing out accumulated toxins from too many years of irresponsible living.

Before I committed to hydrating the recommended half my body weight in ounces per day investing in Tyent technology, I commenced my research with an Enagic (Kangen Model K-8) loner machine, and I was able to learn everything about it. After all my trials and studies about the K-8 and ionizers, I found that the Tyent water ionizers have more advanced features (detailed in the following pages), backed by a LIFETIME warranty and no chemicals required. Although I did appreciate the Kangen team here in Barrie for introducing me to ionized water benefits, I fell in love with the Tyent technology giving you so much more for your buck starting at around \$3K (about half of the K-8). *Tyent vs. Kangen detailed comparison is available upon request.*

Bummer that making this vital wellness change is not cheap because the results are significant felt almost immediately, however I do strongly believe the price tag is justified given the abundance of costly precious metals within the electrolysis chamber used to create and deliver the positive health results for the rest of your life under a full worry-free guarantee. How do you put a price on investing in your well being, longevity, and being healthy during retirement so that you can enjoy it. I have seen too many friends and even relatives work all their lives, retire, and then come down with disease or worse.

Also, in the back of my mind is the fact that my dad passed from Dementia a couple of years back, which this disease can be described as the shrinking or dehydration of the brain. It was a horrible and painful end to someone you love that I am hoping none of you ever experience. It seemed like investing in a premium water ionizer delivering extreme molecular hydration (H2) with reduced micro-clusters that penetrate the blood/brain barrier was a great prevention decision for me and I hope you will also agree. If Dementia is dehydration of the brain – it is best to stay super-hydrated right?

So now after several months of extreme molecular hydration, I am currently maintaining a healthy 200lbs (from 235), and I currently drink about 100 ounces per day (which equals approx. 3 litres) of 9.5 pH alkaline, antioxidant rich ionized water with a negative ORP detoxifying everyday (you will learn about Oxidation Reduction Potential in the following pages). This regimen I am following, really helps me to be conscientious about everything that goes into my body and when, prioritizing my well-being for a longer healthier life!

During these unprecedented times where stress, pollution, pesticides on food, harmful chemicals in our water, and the human body being comprised of approximately 75% water, this extreme molecular hydrogen (H2) wellness water investment works great for me slowly flushing out years of toxic build-up, delivering powerful antioxidants, and reducing free radical damage to my cells that can cause disease and premature aging, not to mention the extra energy and clarity I feel everyday and I wish the same great results for you!

To all those who have taken the time to read my story, I want to extend my deepest gratitude. I hope I can inspire you to prioritize your health and longevity. Remember, it is never too late to make changes, and it starts with prioritizing self-care, exercise, healthy eating habits, while embracing the power of extreme molecular hydration, to enjoy the benefits of a healthier, happier, and more fulfilling life!

In closing, due to the life improving positive results I have personally experienced with H2 Wellness Water, I have become a Tyent USA authorized Canadian dealer, so that I can better help everyone improve their health just as I have done for myself and also try to save you a few bucks doing it.

It is my pleasure to make myself available, provide a demonstration and answer any questions offering great seasonal special offers including gifting you some great stainless-steel accessories and upgrades, as part of my “New Year ~ New You” initiative!

*The following pages will tell you everything you need to know about **H2 Wellness Water**. I apologize for the length of the read but believe that your health and wellness are worth it!*

If you are interested in learning more, contact me to book an appointment and before we meet, I encourage you to commence your research on what extreme molecular hydration can do for you starting with reading all the enclosed information providing you an abundance of general knowledge empowering you to make informed decisions on how your investment can benefit you, your family, your pets, and maintaining a much cleaner household for LIFE!

Sincerely,



JOHN DERLIS
(705) 716-4466

ImpactLife.Health
[H2 Wellness Water](http://H2WellnessWater.com)

Buy Once | Buy Right | Buy Tyent
Tyent USA Dealer Canada



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What is a Water Ionizer & Why do I need to drink Ionized Water?

A water ionizer is a device that separates tap water into alkaline and acidic streams of ionized water using the process of electrolysis. Water ionizers deliver an electrical charge to your water using a series of positively and negatively charged electrodes (shown below). The water containing the alkaline minerals (negatively charged ions) are drawn to one outlet on the unit and the water containing acidic minerals (positively charged ions) are drawn to another to create the alkaline and acidic ionized streams.

First and foremost, ionized water is a powerful antioxidant. People spend hundreds of dollars a month purchasing antioxidants because they help to neutralize damaging free radicals. Since ionized water is a liquid antioxidant, it is absorbed easily which makes it much more effective and very inexpensive.

Secondly, ionized water is very alkaline. Most North American diets consist of foods that are extremely acidic, which over time, can prove to be unhealthy. Consuming substantial amounts of soft drinks, fast food, and processed foods can contribute to weight gain and sluggishness. Maintaining an alkaline pH (6.9-7.2) helps us to sustain an ideal healthier environment within our bodies.

Third, ionized water is very hydrating. Ionized water contains only five to six water molecules per cluster while conventional water contains ten to thirteen water molecules per cluster. The water cluster of ionized water has changed from an irregular shape that has 10-13 molecules to a hexagonal shape that is half the size. This smaller or "reduced" water is therefore very absorbable permeating the mitochondria of cell tissue better.

Daily consumption of the ionized alkaline water containing negatively charged ions and alkaline minerals also known as **Molecular Hydrogen** or **H₂**, which have a massive amount of natural antioxidants, neutralize cell damaging free radicals in your body known to cause disease and premature aging via oxidization. Acidic water draining from your ionizer also has many uses, saving you money on a wide range of skin, hair, and disinfecting cleaning products for around the house. See benefits of alkaline and acidic water on page 12.

The image below is the 13 Platinum coated Titanium plates within your ACE-13 (above counter) or UCE-13 (under counter) units spread apart for you to better understand the electrolysis process that reduces the size of your water into micro-clusters while separating them into alkaline and acidic streams exiting your Tyent Water Ionizers after being purified from a 'best in the industry' double filtration method.



Tyent boasts the industry's largest plates and patented solid/mesh hybrid design ensuring the most efficient and effective electrolysis for the absolute BEST performance and results!

H2 Wellness Water FAST FACTS

Your **ABC's** of drinking ionized alkaline water is key to improve your health – whether addressing a specific health problem or reducing the risk of age-related diseases, below are the key benefits:

Antioxidants | Better hydration | Calcium and minerals

Antioxidants help to maintain health and prevent disease by providing anti-aging properties, detoxifying effects, immune support, and free radical protection.

Antioxidant rich molecular hydrogen (H₂) produced by ionized water is beneficial because:

- Everything we do on a daily basis creates oxidizing free radicals in the body that cause cellular degeneration.
- Eating, breathing, physical exertion, stress – these all create free radicals in the body that oxidize cell tissue by scavenging electrons.
- These oxidizing free radicals are positively charged particles and they exist by stealing negatively charged electrons from within our body's cellular tissue until they have been neutralized.

The term “ionized” water refers to the electrically charged ions that are in the water. Antioxidant rich ionized alkaline water is full of negatively charged hydroxyl ions with an extra electron available to donate to these oxidizing free radicals, neutralizing them in the body. This process reduces oxidation in the body. In fact, a substance's ability to reduce oxidation is referred to as “**Oxidation Reduction Potential**” or **ORP** – and that is how the antioxidant strength of ionized water is measured – as ORP.

Most tap and bottled water will have a positive ORP – which means it has no antioxidant potential. Some tap and bottled waters are actually acidic – reverse osmosis water is a fitting example of this – acidic & oxidizing.

Ionized alkaline water has a negative ORP – the higher the negative number, the stronger the antioxidant potential, or oxidation reduction potential.

Better Hydration

Just like antioxidants, it is essential to drink enough healthy water for proper hydration. Dehydration is linked to having headaches, dry skin, weight gain or inability to lose weight, mental and physical fatigue – the list goes on and on. It is vital to live hydrated for optimal overall health especially given the human body is composed of approximately 75% water.

- The water that most people drink is not absorbed by the body very well – and if a person is drinking tap water, they are also absorbing chlorine and other chemical contaminants that work against the body's overall health.
- The same electrolysis process that produces the antioxidant properties of ionized water also restructures the water into smaller, hexagonal clusters or “micro-clusters,” reducing the surface tension of the water.
- Reducing surface tension means that the water is also very absorbent (H₂ is molecular hydrogen, which is Hydrogen split in two) and can penetrate your cells faster – which means better hydration.

Calcium, Magnesium & Potassium

Most people think drinking water is for hydration or quenching thirst and think about chlorine or other chemical contaminants included within city source water - This is why so many people choose bottled water which has been purified. Few people think about the mineral content of the water they are drinking:

- Tap water will have a variety of natural minerals like calcium, magnesium, and potassium that our bodies need and as we age, getting more calcium in our diet is essential. If our bodies cannot effectively absorb the water, they cannot effectively absorb the beneficial minerals it contains either.
- When you drink ionized alkaline water, your body is not just absorbing the water for better hydration, it's also absorbing the minerals in the water, like calcium, magnesium, and potassium – the same key minerals that many people take in the form of supplements.

Your ABC's of Drinking Ionized Alkaline Water Summarized:

- ✓ **YES - Antioxidants** are important for maintaining a healthy body and reducing signs of aging and the risk of age-related disease.
- ✓ **YES - Better Hydration** is important for eliminating toxins, healthier skin and helps both mental and physical energy levels.
- ✓ **YES – Calcium, Magnesium and Potassium** are important for support of bone health and proper function of the muscles and organs in the body.

GREEN TECHNOLOGY: Think About Our Planet?

Numerous people interested in improving their own health tend to be sensitive to improving the health of our environment. Tyent water ionizers are “Green Technology.”

Click the image below to read about 12 things they never tell you about bottled water

- Every ten ounces of water you get from your water ionizer for drinking is one less plastic bottle that ends up in a landfill.
- Every time you use ionized water for cleaning you reduce the chemical contaminants in the environment.
- Over time, using fewer household cleaners leads to throwing away fewer empty containers, most of which still have chemical residues that seep into the ground or evaporate into the air.



Keeping our Earth green and clean. It is vital everyone does their part in helping to reduce harming our Planet. Owning a Tyent Ionizer is a great start!

More VITAL Info About Oxidation Reduction Potential (ORP)

The ORP of alkaline water is responsible for the biggest benefits alkaline ionized water drinkers are reporting. While drinking alkaline water offers benefits over drinking regular tap or bottled water, the true measure of water's ability to offer health benefits is measured in its "Oxidation Reduction Potential" or ORP as it is referred to in the water ionizer industry.

Not all "Alkaline Water" is equal when it comes to ORP

There are several bottled waters on the market that claim to be "alkaline" and carry the negative charge which creates the negative ORP number, but none will compare to the water produced by a Tyent water ionizer. These bottled versions of "structured" or "alkaline" or "antioxidant" water have been treated with a blend of minerals. These minerals interact with the water molecules to elevate the pH and produce a mild negative ORP. While these bottled waters are a better choice than regular tap water or most bottled water, they still don't offer the significant antioxidant potential found in the alkaline ionized water produced by a Tyent water ionizer right out of the tap – not even close!

Alkaline water that has been produced by a water ionizer will have a high "negative ORP." The "negative" implies the "reduction" power (oxidation reduction) of the water. Most tap and bottled water will have a positive ORP – some bottled alkaline water may have a slight negative ORP, or none at all pending shelf life before you buy – but if you are looking for water that is not only alkaline but loaded with antioxidant properties, ionized alkaline water produced by a Tyent water ionizer is the way to go.

How Beneficial ORP is Achieved

Tyent water ionizers use the process of electrolysis to produce ionized alkaline water with the highest negative ORP. Every Tyent water ionizer has an electrolysis chamber containing the largest highly conductive Platinum coated Titanium plates in the industry to effectively deliver the strongest possible electrical current for producing the strongest possible antioxidant water. Every Tyent water ionizer also uses a dual internal filtration system to remove contaminants prior to ionization for healthier, better tasting water.

Why is ORP so Important?

Through the ionization process, water with high ORP is created. Nothing has been "added" to the water and the water ionizer's filtration system has removed most common contaminants like Chlorine and Volatile Oxidating Contaminates (VOC's).

The negative ions in the water, when consumed, actively seek out positively charged free radicals in the body (the oxidizing elements in our bodies), reducing oxidation that contributes to illness and age-related diseases – acting as an antioxidant.

The alkaline ionized water produced by most water ionizers on the market will have an ORP of at least -300 at the 9.5 pH level recommended for drinking.

Tyent water ionizers produce an ORP as strong as -800 (depending on source water conditions) at the 9.5 pH level and -200 to -400 at the lower alkaline settings. That is a big difference when compared to other ionizers on the market today.

Tyent water ionizers are capable of producing the strongest possible ORP levels because of two simple things: More Plates and Power!

"The larger the surface area and more power used during ionization, the greater the effect on the water's ORP and the more potential benefits for those drinking the water!"

Additional TYENT Water Ionizer Advantages

Performance, Quality and Ease of Use are the key reasons to choose Tyent water ionizers over other brands but there are many other value propositions:

Advanced computerized control system designed to allow users to easily customize each preset based on their source water and how they will use their Tyent water ionizer most often. The system is intuitive and easy to use, giving users both voice and visual guidance through advanced settings.

One Touch Technology - Tyent makes the only water ionizers with true one touch technology. With only one touch of any icon on the control panel, you can have clean, healthy water anytime. Tyent water ionizers are easy enough for children, seniors, and everyone in between to operate – with a single touch.

Largest Plate Surface Area in the Industry - The larger plates mean stronger alkaline and acidic water capabilities, stronger pH, stronger ORP, and maximally beneficial water. Tyent medical grade Titanium plates are coated with multiple applications of the highest quality Platinum available. Tyent is the first water ionizer company to offer a 13-plate water ionizer. Tyent sets the standards that other water ionizer companies follow.

Extreme Filtration Capacity - The Tyent line of water ionizers has the largest physical filters in the industry. Larger physical filter size means there is more room for the filtration media, and that your water will spend more time in contact with filtration media for maximum contaminant removal.

FOREVER GUARANTEE - Tyent Lifetime Warranty does not contain the word “limited” because there are not any limits. Tyent warranties have no stipulations, no fine print, and no doubt that their water ionizer will be protected for as long as you own it. Our **LIFETIME WARRANTY** reinforces Tyent quality – Tyent can only offer this type of “worry free” warranty because of the quality of the working components used in Tyent Water Ionizers. You can be certain that we believe in and stand behind our products!

Korean Food and Drug Administration Approval - Tyent water ionizers have been certified as medical devices by the Korean Food and Drug Administration. Our water ionizers are used by doctors and medical facilities in Asia to treat and prevent a wide variety of illnesses.

ISO Certifications – Tyent manufacturing facility factory is both ISO 9001 and ISO 14001 certified. The ISO is the International Standards Organization responsible for certifying facilities for quality and consistency in product manufacturing.

CSA & UL Approved - CSA organization uses the same standards as Underwriters Laboratories which is also known as UL. These organizations certify devices for electrical safety. Tyent products are both CSA and UL approved for electrical safety.

SMPS PLUS Power - A switched managed power supply (SMPS) is the same power technology that is used in flat panel televisions, laptop computers and other modern electronic devices. SMPS PLUS power systems do not generate the same excess heat as transformer power systems and are more energy efficient. SMPS PLUS consistently delivers the precise amount of electrical current required based on user selection.



Chemical and Lead Free - Tyent water ionizers are certified chemical and lead free. Regardless of what you are told by the sellers of chemical-based machines, these chemicals travel through the same water cell that your drinking water comes from, so logic will tell you that traces of this chemical will be in your water.

ABT - Tyent anti-bacterial technology means that our water ionizers have the ability to kill microorganisms and other living bacteria found in water that could be potentially harmful. This technology eliminates the need for a UV light and is more dependable and effective for killing bacteria.

PAST Cleaning System - Tyent water ionizers use an automated “Polarity Anti Scale Technology” (PAST) – one of the most advanced cleaning systems in the industry. This automated cleaning cycle is triggered by both timer and internal sensor for daily protection against scale buildup on the electrodes.

*Tyent simply has the **BIGGEST, STRONGEST,** and most **ADVANCED COMPONENTS,** designed to produce the absolute best chemical free ionized water in the industry.*



ALKALINE AND ACIDIC WATER USES

(AT A GLANCE)

<div style="background-color: #e91e63; color: white; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> 2.5 pH </div> <p style="text-align: center; font-weight: bold; font-size: 0.8em;">STRONG ACIDIC WATER</p>  <p>Bathroom Cleaner</p> <ul style="list-style-type: none"> • Clean your bathroom with turbo acidic water to help reduce germs on surfaces. Store acidic water in a dark squirt bottle. <p>Food Preservation</p> <ul style="list-style-type: none"> • Protect the flavor of frozen food by spraying with acidic water before freezing. <p>Oral Hygiene</p> <ul style="list-style-type: none"> • Rinse and gargle with turbo acidic water to help support healthy teeth and gums. <p>First Aid</p> <ul style="list-style-type: none"> • Use turbo acidic water as a topical application for minor cuts, scrapes, bug bites and blemishes to help clean and to provide a soothing effect. <p>Deodorize</p> <ul style="list-style-type: none"> • Use as a spray to neutralize odors in smelly shoes, sports gear, refrigerators, washing machines, sponges, pet bedding and carpets. 	<div style="background-color: #ffc107; color: white; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> 5.5 pH </div> <p style="text-align: center; font-weight: bold; font-size: 0.8em;">BEAUTY WATER</p>  <p>Face Care</p> <ul style="list-style-type: none"> • Apply Beauty Water to your skin, and let it dry naturally. <p>Hair Care</p> <ul style="list-style-type: none"> • Use Beauty Water as a rinse after you wash your hair to reduce tangles and to bring out a radiant shine. <p>Bath Water</p> <ul style="list-style-type: none"> • Add Beauty Water to your bath water to keep your tub free of rings. Bathing in this water also warms the body while maintaining your skin's natural pH, leaving it soft and hydrated. <p>Foot Soak</p> <ul style="list-style-type: none"> • Use Beauty Water to soak and soften rough and tired feet. 	<div style="background-color: #20c997; color: white; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> 7.0 pH </div> <p style="text-align: center; font-weight: bold; font-size: 0.8em;">CLEAN WATER</p>  <p>Medication</p> <ul style="list-style-type: none"> • Use neutral pH clean water for taking any vitamins and medication. <p>Baby Formula</p> <ul style="list-style-type: none"> • Mix baby formula with neutral pH water. <p>Pure, Filtered Water</p> <ul style="list-style-type: none"> • The neutral pH water can be used anytime you want a glass of clean and pure filtered water without an alkaline pH. <p>Mealtime</p> <ul style="list-style-type: none"> • Drink pure, fresh, filtered clean water with all of your meals. 	<div style="background-color: #9c27b0; color: white; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> 9.5 pH </div> <p style="text-align: center; font-weight: bold; font-size: 0.8em;">HEALTHY WATER</p>  <p>Healthy Bones</p> <ul style="list-style-type: none"> • Ionized alkaline water is full of essential minerals like magnesium and calcium, which are important in maintaining good bone health. <p>Fight Free Radicals</p> <ul style="list-style-type: none"> • Hydrogen-rich alkaline water is full of antioxidants, which is a perfect defense against free radicals and oxidation of the cells. <p>Cooking</p> <ul style="list-style-type: none"> • Use alkaline water for boiling food, blanching vegetables, soaking meat, and brewing coffee and tea. <p>Fight Dehydration</p> <ul style="list-style-type: none"> • Drink hydrogen water to alleviate symptoms of dehydration, which include headaches, sleepiness and cognitive impairment. Remember to drink half your body weight in ounces of water per day! 	<div style="background-color: #5e35b8; color: white; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> 11.5 pH </div> <p style="text-align: center; font-weight: bold; font-size: 0.8em;">STRONG ALKALINE WATER</p>  <p>Soak Fruit and Vegetables</p> <ul style="list-style-type: none"> • Use strong alkaline turbo water to soak fruits and vegetables for up to 10 minutes to help remove any oil-based pesticides and insecticides. <p>Laundry</p> <ul style="list-style-type: none"> • Use less laundry detergent by adding a quart of strong alkaline Turbo Water to the wash cycle. <p>Kitchen Surfaces</p> <ul style="list-style-type: none"> • Use strong alkaline turbo water to cut through oil, grease and tough grime on stovetops, ovens and other kitchen surfaces. <p>Soak Dishes</p> <ul style="list-style-type: none"> • Use strong alkaline turbo water to soak pots and pans to make them easier to clean. <p>Stain Remover</p> <ul style="list-style-type: none"> • Use strong alkaline water to help remove all of your stubborn, set-in stains and messes.
<div style="display: flex; align-items: center; justify-content: center;"> <div style="background-color: #2196f3; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;"> 8.0 pH </div> <div style="text-align: center;">  <p style="font-size: 0.8em; margin: 0;">Pet Health Dogs love alkaline water, and an 8.0 pH provides them with great health benefits too. Cats should drink purified, neutral pH water. Lots of pet owners tell us that their pets drink more water when they give them Tyent Water!</p> </div> </div>				

YOU CAN SAVE TONS OF MONEY WITH A

WATER IONIZER

BY YOUR SIDE!



Alkaline Water Uses Guide [FREE DOWNLOAD]

BENEFITS of Alkaline & Acidic Water at a Glance

- ✓ **BOOSTS IMMUNITY:** An abundance of antioxidants supports overall well-being
- ✓ **PROMOTES WEIGHT LOSS:** It helps neutralize and release acidic waste, which encourages fat loss.
- ✓ **SANITIZES SURFACES:** The Acidic Turbo Water provides germ-fighting power.
- ✓ **MAKES SKIN RADIANT FROM THE INSIDE:** Drinking Alkaline Level 3 Tyent Water keeps skin more hydrated and helps flush out toxins to promote a clear and healthy complexion.
- ✓ **IT'S ECO-FRIENDLY:** No more plastic bottles.
- ✓ **INCREASES ENERGY:** An abundance of Molecular hydrogen (H₂) provides an energy boost.
- ✓ **SUPPORTS GREEN CLEANING:** The sanitizing properties of ionized water eliminate the need for many toxic cleaning supplies.
- ✓ **SAVES MONEY ON PRODUCE:** Alkaline Turbo Water helps breakdown and wash away oil-based pesticides and insecticides on produce, making it possible to skip buying organic.
- ✓ **KEEPS SKIN SOFT FROM THE OUTSIDE:** Spritz Acidic Level 1 on your skin as a soothing astringent because it has a pH of 5.5, the same pH as your skin. It offers antibacterial properties without the irritating ingredients that other products have.
- ✓ **OFFER SUPERCHARGED HYDRATION:** Molecular hydrogen (H₂) is absorbed at the cellular level.
- ✓ **SAVES MONEY:** Replace many of your expensive cleaning and beauty products with different pH levels from your Tyent Water Ionizer.
- ✓ **HAS ANTI-AGING PROPERTIES:** Antioxidants in ionized alkaline water fight off free radicals, which would otherwise accelerate the process of aging.
- ✓ **HELPS HEAL MINOR SKIN IRRITATIONS:** Tyent's Acidic Turbo Water has antiseptic properties that help soothe minor skin irritations.
- ✓ **PROMOTES STRONG BONES:** Tyent Water contains minerals, like calcium and magnesium, that your body needs.
- ✓ **PROMOTES GOOD HYGIENE:** Keep a spray bottle filled with Acidic Turbo Water handy to sanitize hands and surfaces.
- ✓ **SPEEDS RECOVERY TIME AFTER EXERCISE:** The tiny hydrogen molecules (H₂) infused in the water are easily absorbed into your cells, helping neutralize lactic acid.
- ✓ **PROMOTES BETTER SLEEP:** Helps you get a better night's sleep.

[CLICK HERE](#) to view many **MORE COMMON BENEFITS** of drinking ionized alkaline water and using acidic water reported by Tyent water ionizer owners.

Some Frequently Asked Questions (FAQ)

Q1. How can ionized water help improve my health?

Ionized alkaline water contains negatively charged ions and alkaline minerals that reduce cell damaging free radicals in your body to help restore and maintain a healthy pH balance.

Q2. Are there any side effects from drinking ionized water?

When first drinking ionized water, you may notice some symptoms of detox as the water pulls toxins from your system. Headaches, mild cold-like symptoms, and more frequent trips to the bathroom are common when you first start drinking the water – after that the only real side effects people notice are increased energy, improved immune system and overall health.

Q3. How long after I start drinking ionized water will I start noticing results?

Most people will start noticing results within the first day or so after they start drinking the water. The first thing most people notice is an increase in energy levels – both mental and physical. Believe it or not, a headache or feeling like you're coming down with a cold are both signs that the water is working. These are common symptoms of detox and are some of the ways your body deals with releasing excess toxins.

Q4. Is this water ionizer thing just a fad?

No. Ionized water has been used to treat numerous diseases in medical facilities all across Asia for decades. Across North America, there are a growing number of health care professionals, particularly those with patients suffering from age-related diseases who have been using and recommending ionized water for many years. Ionized water has also grown in popularity with athletes because of the water's ability to hydrate the body better, replenish electrolytes and reduce acids produced by extreme muscle exertion.

Q5. Why does it matter how many pH levels I can get?

The ability to produce multiple pH levels with a water ionizer increases the number of uses and lets you get the most out of your investment. Pets and small children should typically only be given water at the lower pH levels. 9.5 pH is what is most often recommended for drinking by adults and stronger alkaline levels can be used to remove dirt and pesticides from produce. Having access to acidic pH levels will provide you with water that can be used as a skin toner, mouthwash, household cleaning and treating minor cuts, scrapes, burns and insect bites.

Q6. Why is ionized water better than bottled water?

Ionized water is full of antioxidants and microclustered for better absorption by your body, better hydration and elimination of acidic waste and toxins in your system.

Q7. If I get a water ionizer, will I need a plumber to install it?

If you can connect a DVD player to a TV, then you can probably install a water ionizer yourself. Countertop installations only require replacing the aerator on your faucet with the diverter provided, connecting two hoses to the machine, and plugging it in. Under counter installations are a little more involved but most people can do this without any prior plumbing experience.

Q8. Is it okay to give ionized water to my children or pets?

Yes – but smaller children or pets only need the lower levels of alkaline water – and you do not want to give it to them at or near mealtimes. When they are sick or dehydrated from illness or excess physical activity, some stronger alkaline water will help too.

Q9. What is in Tyent's filters and what contaminants do they remove?

The first filter is primarily activated carbon for removing chlorine and other common contaminants like lead, chlorine, volatile organic compounds, bacteria, and other common contaminants found in source water. The second filter uses three types of ceramics for further contaminant removal and to precondition the water for ionization.

- Q10. Why is drinking ionized alkaline water better than drinking just tap or bottled water?**
Tap water and most bottled waters are slightly acidic and the unstructured water molecules make it difficult for the body to absorb effectively. Ionized alkaline water has negative ions that work as antioxidants in your body to reduce cell-damaging free radicals. The ionization process restructures the water molecule clusters so that they are smaller and hexagonally shaped which allows the cells of your body to absorb ionized water much more effectively than either tap or bottled water.
- Q11. Why should I buy a water ionizer when I can just buy bottled alkaline water?**
In the long run, buying a water ionizer to produce your own ionized alkaline water will be more affordable – and you can use the water for everything, not just drinking. The cost of bottled alkaline water limits you to just using the water for drinking. Owning a water ionizer lets you use ionized alkaline water for cooking, cleaning, and enhancing the flavour of foods. Also, fresh ionized alkaline water from your own water ionizer will have more antioxidant properties than bottled alkaline water – and you won't be contributing to the collection of plastic bottles in landfills.
- Q12. Isn't water from a reverse osmosis filter better for you than any other kind of water?**
Water from reverse osmosis systems is acidic and has no mineral content. The positive electrical charge of the water, acidity and unstructured water molecules are poorly absorbed by the body and do not offer the antioxidant properties or immune system support you get with ionized alkaline water. There are many who also believe that reverse osmosis water also draws minerals from the body.
- Q13. Aren't water ionizers just for people with health problems like diabetes, cancer, or people trying to lose weight?**
It's true that water ionizers are considered medical devices in many countries and are widely used to treat a number of diseases – but they are also used to boost the immune system, reduce damage to cells that results in the signs of premature aging and prevent buildup of acidic waste and toxins that stress the circulatory system and organs – one of the primary causes of age-related diseases. Even professional athletes and people who are overall in good health notice a difference in the mental and physical energy levels and overall sense of wellbeing.
- Q14. Can ionized alkaline water cure my high blood pressure and cholesterol?**
Drinking ionized water helps clear the body of acids and toxins that are most often the cause of high blood pressure and unhealthy cholesterol levels. Many people who drink ionized alkaline water on a regular basis find that they have a reduced need to rely on prescription medications to control their high blood pressure and cholesterol levels or they are able to stop taking medications for this altogether.
- Q15. Can I drink ionized water all day?**
Yes – except at or near mealtimes or when taking prescription medication – other than that, by drinking ionized alkaline water throughout the day you are providing your body with consistent hydration and a steady supply of antioxidants.
- Q16. Will I lose weight if I start drinking ionized water?**
Because ionized water hydrates the body better than tap or bottled water, people who have excess fluid retention will often lose weight within the first few days of starting the water. Ionized water also helps hydrate stored fat cells so that more active people and those working at trying to lose weight are able to burn fat more effectively.

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TESTIMONIALS

See Testimonials from Doctors, Health Care Professionals, Researchers, Athletes, Fitness Experts & Celebrities.

What we love most about our customer testimonials is how much our unique water ionization systems have changed our customers' lives for the better. The benefits of drinking ionized water are undeniable. Not only does it serve as a powerful source of antioxidants, but alkaline water can also prevent weight gain and sluggishness. Ionized water contains only five to six water molecules per cluster while conventional water contains ten to thirteen water molecules per cluster. This means that you can hydrate quickly while nourishing your body in the best way possible. Take a look at our water ionizer reviews to discover the difference in our superior technology and design.

Our water ionizer reviews come from some of the finest athletes in every sport, including football players such as Tim Tebow, Shareece Wright, and TJ Ward, Olympians such as Clara Hughes, and baseball players such as Joe Beimel, Ryan Buchter, and Dustin Ackley. Fitness experts, professional bodybuilders, and nutrition coaches all agree that Tyent USA water outperforms in every category. With a Tyent water ionizer, you can finally convert your unique source water into safe drinking water that serves as an excellent source of antioxidants, energy, and so much more.
















In addition to athletes and fitness experts, our alkaline water systems appeal to the likes of A-list celebrities, business executives, and medical professionals. Doctors of varying disciplines agree that our water ionizers are very effective at neutralizing free radicals, reducing accumulated acid waste, and penetrating cells to hydrate at the cellular level. Our water ionization filters are used and recommended throughout chiropractic offices, cancer treatment facilities, anti-aging clinics, and elsewhere. Some medical professionals even predict that the use of electronically charged water will revolutionize the healthcare industry.

The bottom line is that your body is 75% water. Why not feed it the healthiest water on the planet so it can function at its greatest potential? Don't just take my word for it. With dozens of water ionizer reviews at your disposal, you can confidently move forward with your investment in knowing that our water ionization technology has helped thousands of customers lead happier, healthier lives.

























Thank you for taking the time to read MY STORY, plus this report on H2 Wellness Water. If you have any questions or need help selecting the best water ionizer, please contact me:

John Derlis (705) 716-4466 | H2wellnesswater@outlook.com

Doctors and Health Care Professionals

 <p>Dr. Francisco Contreras, MD Surgical Oncologist, <i>Cancer of Hope</i> Cancer Center Alkaline Water for Cancer Patients "I have used alkaline water for several years, and the ORP rating that Tyent provides is the most accurate I have seen."</p> <p>Read Full Testimonial</p>	 <p>Dr. Christopher Furlanillo "Since starting Tyent Water™, we have seen no cancer, no cataracts, and no arthritis in my 60-year-old body."</p> <p>Read Full Testimonial</p>	 <p>Dr. Mu Shin Jhon Author of <i>The Water Puzzle and the Hexagonal Key</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Dr. Nancy MacLean DC, D.O., A.C. "Tyent Water™, along with all of its other benefits, neutralizes free radicals in every molecular cluster."</p> <p>Read Full Testimonial</p>	 <p>Roy Kutzweil Author, <i>Inventor and Futurist</i> "I have been drinking Tyent Water™ for over 10 years. The most important benefit of drinking water produced by a water ionizer is the ability to hydrate the body."</p> <p>Read Full Testimonial</p>	 <p>Saphana Lippe Co-Owner of <i>Anti-Aging Clinic</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Song Whang Scientist, Engineer and Author of <i>Reverse Aging</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Dr. Robb Tamella DC "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Dr. Theodore Barody DC, MD, PhD "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Dr. Gus Spatzarakis "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Herman Alhara Author of <i>Acid and Alkaline</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Dr. Joe Jawett DC "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Dr. Arvin Stein M.D., F.A.C.C. Recipient of Lifetime Achievement Award 2000 "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Dr. Brian Sheen PhD, Executive Director of American Institute of Complementary and Alternative Medicine "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Dr. William Kelley College of <i>Herbal Medicine</i> and Author of <i>Cancer Cure</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>

A-List Celebrities, Athletes and Fitness Experts

 <p>Tim Tebow Quarterback, <i>Providence College</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Yannick Besson Actor, <i>Inspector Gadget</i>, <i>Aladdin</i>, <i>Mystic Knight</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Jonathan Lipnicki Actor, <i>Inspector Gadget</i>, <i>Inspector Jerry Maguire</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Roger Daltry Singer and Lead Singer of the rock band <i>The Who</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Nolan Gould Actor in <i>Modern Family</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Shelley Long Actress, <i>The Mary Tyler Moore Show</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Anthony Robbins Author, Peak Performance Coach, and Professional Speaker "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Shawn Wright Professional Bodybuilder "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Joe DiMaggio Baseball Player "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>TJ Ward Football Player "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Ryan Buchter Baseball Player "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Frank Stallone Singer "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Mick Spangher Baseball Player "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>David Spade Actor, <i>Seinfeld</i>, <i>Friends</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Steve Largent Football Player "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Clara Hughes Olympic Athlete "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Kapono Beahm Professional Bodybuilder "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Lorraine Vlesherberger Actress, <i>Inspector Gadget</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Perry Factor Professional Bodybuilder and Winner of <i>American's Got Talent</i> "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Robb Granger Professional Bodybuilder "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Lance Armstrong Cyclist "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>
 <p>Clara Hughes Olympic Athlete "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Michael McNary Professional Bodybuilder "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>	 <p>Lance Armstrong Cyclist "I have discovered the benefits of drinking alkaline water in the form of a puzzle of the hexagonal key."</p> <p>Read Full Testimonial</p>